

St Anthony's Parents' Safeguarding & Wellbeing Newsletter

Autumn 1 Edition 2026

Welcome to the first edition of our Safeguarding & Wellbeing newsletter this academic year. This half term's edition provides advice about when and what to share online, with a particular focus on photos and videos. Our Wellbeing page offers some reminders about fireworks safety and suggestions for a Catholic Halloween and the importance of rest.



We know how many people love sharing special moments of their children on social media –it's wonderful to celebrate their achievements and milestones! However, we wanted to share some important considerations to help you make informed decisions about posting photos and videos of your children online.

When you post images of your child on social media, consider:

- **Who can see them?** Even with privacy settings, images can be shared, screenshot, or seen by people you didn't intend. Once an image is online, you lose control over where it might end up.
- **Your child's digital footprint:** Everything you post contributes to your child's online presence from a very young age, often before they're old enough to understand or consent to having their images shared publicly.
- **Safeguarding risks:** Any child's name featured on a website or in a social media feed could come up in internet searches and the same applies to images you post. Consider whether information in photos (school uniform, location tags, routines) could be misused.

Recommendations

- **Check your privacy settings** regularly on all social media platforms – they change frequently.
- **Avoid identifying information** such as school uniform, house numbers or location tags that could reveal where your child lives or goes to school.
- **Ask your child** if they're comfortable with you sharing their image, especially as they get older.
- **Think about context** – could the image be embarrassing for them now or in the future?
- **Be especially cautious** with images showing your child in vulnerable situations (bath time, getting dressed, upset or distressed).

At school events

Photos and videos taken by parents/carers at events such as assemblies, performances or sports days are counted as being taken for 'personal use' and are therefore not covered by the UK GDPR. However, we ask that you please do not share or publish images on social media or elsewhere online that include other people's children, for safeguarding reasons.

The bottom line

We're not saying don't share photos of your children – that's entirely your choice as a parent. We simply want to help you make informed decisions that protect your child's privacy, safety and future digital identity. If you'd like to discuss concerns about your child's digital wellbeing, please don't hesitate to get in touch via the school office



Wellbeing Advice for St Anthony's Families

WELCOME:

This newsletter marks the first break since your children have joined their new year groups.

The nights are drawing in and this edition of the wellbeing newsletter focuses on some upcoming, traditional, Autumn themed celebrations and rest!

Half Term is an important time for children (and adults!) to rest and recharge.





Halloween Alternatives

If you are looking for ways for your family to join in the Halloween Fun from a Catholic perspective, why not refocus on celebrating the Harvest celebrating the Saints?



