

# RE NEWSLETTER

## Sacraments



June 2026

Dear Families,

Welcome to our Sacraments newsletter. We now begin the final RE unit of the year, 'Sacraments'. This week saw the feast of Corpus Christi and this is always a wonderful time of year when children celebrate the Sacrament of First Holy Communion in their parishes. Our thoughts and prayers are with those children who have recently celebrated this special Sacrament as well as those who are preparing to do so soon. We also keep in our prayers past children from St Anthony's who have made their Confirmation recently.

Sacraments are sacred signs instigated by Christ. God acts in us through them. The Sacraments are seven meeting points, where God Himself is present, waits for us, blesses us and leads us deeper into the community of the Church. Some Sacraments are unique and have a lasting effect on our life, other encounters happen repeatedly.

As we bring these Sacraments alive to the children through the RE lessons, we will be sharing their own experiences of the Sacraments. It would be wonderful if you could share your experiences of the Sacraments with your child/ren, particularly those you celebrated when you were younger, such as your Confirmation or your Marriage.

With God's blessings,  
Ms Leask



Our main themes within the Sacraments unit are different for each year group and these are:

- Year R Introduces the idea of God's presence at all times of our lives.
- Y1 Explores how Jesus gave us the Sacraments of forgiveness and healing.
- Y2 Looks at how Christ gave the Sacraments to the Church and how they are effective signs of grace.
- Y3 Explores the Eucharist, through which we can share in Christ's life, death and resurrection.
- Y4 Explores how we are called by God to be holy and serve Him and build His Church through the Sacraments of vocation.
- Y5 Examines the symbolism associated with the Sacraments of Holy Orders and Matrimony.
- Y6 Through the Sacraments, examines how we profess and live out the faith that comes from the apostles.

## The 7 Catholic Sacraments

